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Two Texas universities named among healthiest schools in the U.S.

Aug 27, 2015, 2:36pm CDT



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Two Texas schools, based in Austin and Houston, have been named among the top 25 healthiest schools in the country.

Greatist.com, which [compiled the list](#), sent questionnaires to schools across the U.S. asking about their dining services, fitness facilities and student health care programs. After rating each college, it created a list of top 25 healthiest schools, but did not rank them in any order.

The **University of Texas at Austin** earned a middle-of-the-pack ranking among the top 25 healthiest universities on Greatist.com's list.

The website found that UT stood out for its recently launched Healthyhorns Text Tips, which messages reminders to students on ways to stay healthy. The university also launched the Healthyhorns Nap Map that shows the best spots for students on campus to catch some shut-eye.

Additionally, the list reported that 91 percent of students at the school utilize the more than 500,000 square feet of indoor and 40 acres of outdoor recreational facilities at the university.

Last month, The University of Texas at Austin was [ranked 30th best university in the world](#), according to the 2015 Center for World University Rankings report.

Houston's Rice University topped the Greatest.com list this year. The study praised the school for its "top-notch" sexual health and education resources through the school's Project SAFE program geared toward ending sexual assault.